

JUST A MINUTE

Exhibition by Mary Schepisi

Good afternoon Ladies and Gents. WELCOME to MOSS GREEN GALLERY and the opening of Mary Schepisi's current exhibition..

"Just a minute.."

Shit.. Just a minute.. Hang on.. SORRY!?

AHHHH.. This is what I'm looking for... (Taking out iphone)

This seemingly innocuous little device that has, perhaps more than anything.. CO-ERCED us into believing that abandoning ourselves to fleeting distractions is OK at anytime.

That we can comfortably give ourselves over to ANYTHING that takes our fancy..

ANYTHING that takes our focus away from the present moment..

That it is absolutely acceptable to WITHDRAW our attention AWAY from whatever PARTICULAR incarnation of the present moment we are engaged in..

and play with our phone.. or ipod or iPad..

Or ANDROID..

AS IF we were ANDROIDS ourselves...

"JUST A MINUTE" we say ROBOTICALLY..

"JUST A MINUTE" as if it were a magic STOPPER of time..

A somehow acceptable CORK in the FLOW of current interaction..

In CONVERSATION... At WORK.. At the SUPERMARKET CHECKOUT..

EVEN in the CINEMA or a LIVE THEATRE SHOW..

"JUST A MINUTE, I have to text my girlfriend and remind her to tape the footy."

BUT WHAT IF we were to CLAIM that minute back????

JUST A MINUTE!!!!!!!!!!

60 SECONDS of time!!!??

What MIGHT we do with that minute!??

If you look around you on these walls you will see what one INNOVATIVE and CORAGEOUS artist, MARY SCHEPISI does with her minutes.

TAKE A LOOK!!!

We are here to EXPERIENCE a snapshot of what MARY chooses to do with MANY of the minutes of her life.

Since she was 10 years old – MARY told me when I went to visit her in her Collingwood STUDIO SPACE...

Since she was 10 years old, in NEW YORK CITY - and her parents enrolled her in the infamous ART STUDENT's LEAGUE all she wanted to do was DRAW and paint Nudes..

WOMEN... Big.. Small.. curvaceous.. linear..

FIGURATIVE ART - The movement in the shape of the FEMALE FORM..

What is it you get out of it??? I asked.

"I get into a rhythm" she told me..

"It calms me down.. takes a lot of the ANGST out of it."

"FRED - he sees LAYERS.."

"ME - What ya SEE is what ya GET."

"I want to POP you in the HEAD and JUST..."

"I want to POP you in the HEAD and JUST..."

JUST WHAT??

I LOVE that MARY's sentence ends there.

"I want to POP you in the HEAD and JUST..."

JUST.. A MINUTE!!!"

"JUST A MINUTE of our time in her beautiful hands..."

Although her and FRED see things DIFFERENTLY.. (Mary told me)

"Neither of us makes concessions."

Two ARTISTS in the same marriage, FULLY APPRECIATIVE of each others [individual](#) CREATIVE MINUTES.

Some would say this is a true TANTRIC Relationship!!

In fact it was FRED who suggested MARY call this exhibition [JUST A MINUTE](#) in honour of all the Minutes MARY has sat in COMMUNION with each of these life models, both here and NEW YORK CITY.

Speaking of TANTRA.. The ancient TANTRIC MEDITATION MASTERS apparently advocated what they called MICRO PRACTICES.

10 second 20 second 30second..

[MINUTE LONG PRACTICES](#) to bring FULL AWARENESS to the breath and the PRESENT LIVING ENVIRONMENT. A simple practice to break the habit of constant distraction and MARRY the MIND back to the MOMENT.

Here is what the very highly respected MASTER.. POET [and](#) ARTIST..

"DR SUESS" (whom MARY loves) has to say on the subject..

"JUST A MINUTE."

This is actually what I originally got the phone out for.

Here we go!!! (Reading From iphone)

[DR SUESS.](#)

"How did it get so late so soon?

[It's night before it's afternoon.](#)

[December is here before it's June.](#)

[My goodness how the time has FLEWN.](#)

[How did it get so late so soon?"](#)

SO before it gets [SO LATE SO SOON,](#)

I encourage each and every one of you to [use your](#) following minutes to VIEW each work...

[FEEL INTO](#) them.. [APPRECIATE](#), these, MARY's Minutes..

AND of course..

IF you are KIND.. and so INCLINED..

Take JUST A MINUTE to dig into your pockets,

pull out your cash AND BUY ONE OF THESE little SUCKERS..

BECAUSE.. they are EACH..

a UNIQUE.. UN-REPEATABLE.. PURE EXPRESSION of..

a GENUINE NEW YORK "POP IN THE HEAD" from the beautiful, generous and eternally INDELIBLE.. MARY SCHEPISI.

CONGRATULATIONS MARY.

It is my great pleasure to officially announce, your current Exhibition...

"JUST A MINUTE..."

OPEN...

Damian Walshe-Howling..